



## Learn about available resources

If you are like many Californians, despite working hard, you may still have a hard time making ends meet. Don't miss out on other

benefits you have earned — benefits FOOD ASSISTANCE that help put food on the table,

give you better access to health care, and even provide education if you have kids. Discover what programs are available and how you can get started.

CalFresh provides monthly food benefits to assist low-income households in purchasing food to maintain adequate nutritional levels. APPLY @ getcalfresh.org OW-COST INTERNEY

everyoneon

Internet for all! Get low-cost

internet prices and free

or low-cost computers for

families, call 24/7 toll-free (844) 841-INFO (4636)

APPLY @

everyoneon.org/eitc

EAPLY EDUCATION

Start **Head Start provides** 

comprehensive early childhood

education, health, nutrition, and parent involvement services

to low-income children and their families.

**APPLY** @ eclkc.ohs.acf.hhs.gov

CASH ASSISTANCE CalWORKs CalWorks is a public assistance program that

provides cash aid and services to eligible families that have a child(ren) in the home. APPLY @ benefitscal.org

# Medi-Cal

California's Medicaid program provides free or low-cost health coverage for children and adults with limited income and resources. benefitscal.org

HEALTH COVERAGE

Women, Infants, and Children (WIC) provides nutrition education, issues checks for healthy supplemental foods, and makes referrals to healthcare and MOLITATION & HEALTHCARE

You may also be eligible for the

### **California Earned Income Tax Credit**

The California Earned **Income Tax Credit** (CalEITC) is a refundable tax credit that can reduce the amount of taxes you owe or increase your tax refund.

### **No Social Security number?**

No problem! Taxpayers with an ITIN (Individual Taxpayer Identification Number), including undocumented immigrants, are now eligible for the CalEITC and YCTC (Young Child Tax Credit).

Tax credits, like the CalEITC and EITC,

are not considered public benefits under the U.S. Citizenship and Immigration Services public charge rule.

To find out if you are eligible and estimate the amount of your credit, use our calculator at CalEITC4Me.org.